CYCLE AND SOAK

The best way to water your lawn is to use the "cycle and soak" method. This method breaks up your watering time into smaller cycles, allowing the water to soak into the soil.

If an area is watered too fast for too long, many soils can't absorb it, resulting in runoff.



HOW TO CYCLE AND SOAK

- Divide the zone's watering time into two or three cycles.
- Water the first cycle and wait one hour.
- Water the second cycle and wait one hour before running a third cycle if necessary.
- For more information on how long a zone should run, check out the sample schedule on the back.
- Don't water for short periods in both the morning and the evening. The water doesn't soak deeply into the soil, leading to shallow roots and unhealthy grass.



BENEFITS

- The cycle and soak watering method not only saves water, but also improves your lawn's health.
- Moisture deep in the soil promotes deeper roots, which contributes to a thicker, healthier, greener lawn.



Learn how easy it is to use the cycle and soak method by watching a short how-to-video at **youtube.com/springsutilities.**

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LAWN WATERING SCHEDULE

Tip: Choose early morning or late evening, but not both, to complete total runtime

	# of days/wk	Fixed spray heads  18 minutes	Rotary nozzles  60 minutes	Rotor heads  46 minutes	Manual sprinklers  30 minutes
April	**1**	3 cycles x 6 min.	2 cycles x 30 min.	2 cycles x 23 min.	1 cycle x 30 min.
May	**2**	3 cycles x 6 min.	2 cycles x 30 min.	2 cycles x 23 min.	1 cycle x 30 min.
June - Aug.	**3**	3 cycles x 6 min.	2 cycles x 30 min.	2 cycles x 23 min.	1 cycle x 30 min.
Sept.	**2**	3 cycles x 6 min.	2 cycles x 30 min.	2 cycles x 23 min.	1 cycle x 30 min.
Oct.	**1**	3 cycles x 6 min.	2 cycles x 30 min.	2 cycles x 23 min.	1 cycle x 30 min.
Nov. - Dec.		Water 1-2 times monthly when temp is above 40ºF, using manual sprinkler			

STEP 1

Check the type of sprinkler and program your irrigation controller for the recommended number of cycles, minutes and watering days each week.

STEP 2

Adjust for site-specific needs or to compensate for weather changes.

Visit csu.org for more water wise information, including irrigation rebates and instructional videos.

